Little Bins for Little Hands Pirate Sensory Bin

Book: If You Even want to Phing a pihate to Meet Santa, Don't!

Sensory play is an activity that involves different textures, smells, bright colors, different sounds, etc. By stimulating senses, it encourages healthy brain development in a variety of ways.

Sensory play helps with:

- Motor Skills
- 5 Senses

Problem Solving

- Imagination
- Learning through Play
- Concentration

Supplies:

- Plastic Tub
- · Rice
- Food Coloring + Vinegar (optional)
- Small Toys Spoon or Tongs

Directions to Dye the Rice: Basic recipe/ratio for each color of rice:

• 2 cups rice • 2 Tablespoons white vinegar

•Generous squirts of food dye

This ratio (1:1 rice to vinegar) is gold. Stick with that formula and adjust from there.

Why vinegar? The vinegar helps spread and set the dye when using food coloring. There will be a slight vinegar smell the first day or so of play but this disappears fast.

Step one: Add rice to a container. This can be a resealable bag or a container with a lid.

Step two: Top with vinegar (remember to use the 1:1 ratio).

Step three: Squeeze in the food coloring and be generous. You can also add more later.

Step four: Shake, shake, shake. Just turn on shake it off and really go for it. Make sure the bag is fully sealed.

Step five: Lay on a cookie sheet to dry. It will be dry in about 30-45 minutes. Make sure you wait for it to fully dry. As you shake, open and check to make sure the color looks how you want. If you need more food coloring, add it. If it needs a stir in the middle because clumps are forming, do that.

Now make your sensory bin!

Put the rice in the bin and add pom poms, little toys, scoops, tongs, spoons, etc. The possibilities are endless!

Discussion Questions:

How does it feel? How does it smell? What do you see? Does it make a sound?

Early Learning Standards (may meet other standards not listed):

PHG2.1: Demonstrate how the five senses support processing information APL4.1: Demonstrate development of social interactions during play

SC1.2: Demonstrate awareness of the physical properties of objects

Modifications: If you are worried about littles eating rice or small toys, you can use water, crushed up graham crackers, etc.







