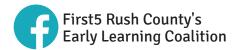




TALKING IS TEACHING.



To learn more about First5 visit our website www.rushcountyfoundation.org/first5/



RUSH EARLY LEARNING COALITION

(f) INFO@RUSHELC.ORG

90% OF BRAIN DEVELOPMENT HAPPENS BY AGE 5 HERE'S WHAT YOU CAN DO TO HELP YOUR CHILD:

# READ

Read books and encourage your child to read with you.



Teach your child songs and sing with them. Don't worry - it doesn't need to be on key!

## TALK



Talk to your child and describe what you see. Encourage them to ask questions.



Allow time for playing with your child, help them try new things, and encourage them.





## COLLAborate With Your Child ways to model behavior

Being a good parental role model is important, because children mimic what they see and hear. This is sometimes called observational learning. While children have models all around them, parents are their main source of behaviors to imitate. https://austinfamily.com/10-behaviors-to-model-for-your-kids/

#### Model: Honesty

Honesty. Admit when you break something or make a mistake. Show that nothing extreme happens when you're honest. Don't cheat others and brag about it. When you get too much change back from a purchase, be honest and help correct the mistake.



## Sing a Song: The Snowman Ran and Ran

(Sung to the tune of: Row, Row, Row You'r Boat" | autho'r unknown)

The Snow, Snow, Snowman
Came out to play.
But the Children cried,
"Get back inside
The sun is out today"
The snow, snow, Snowman
Started to run away.
But when he ran, he ran and ran.
Until a puddle lay.

# If You Wete a Penguin

Scan the QR code to hear the Story on you tube!



"If You Were a Penguin"



## SNOW DAY!

Can you make snowballs or make snow ice cream? Draw snowflakes. Have fun!







